

# PSAC

## MEN'S OUTDOOR TRACK & FIELD RECORDS

Updated 6/17/19

Event	Type	Time/Mark	Name, School	Year
100 Meters	All-time	10.26	Gerald Mack, Millersville	1996
	Championship	10.26	Gerald Mack, Millersville	1996
200 Meters	<b>All-time</b>	<b>21.01</b>	<b>Jae'Len Means, Cal U</b>	<b>2019</b>
		21.01	Dru Adighibe, Shippensburg	2016
	Championship	21.01	Dru Adighibe, Shippensburg	2016
400 Meters	All-time	46.57	M. Scott Eisenhart, Kutztown	2002
	Championship	46.57	Chris Edelman, Lock Haven	2010
800 Meters	All-time	1:48.57	Sean Strauman, IUP	2008
	Championship	1:48.57	Sean Strauman, IUP	2008
1,500 Meters	All-time	3:45.64	Carl Leonard, Edinboro	1992
	Championship	3:48.30	Gary Bicking, Shippensburg	1980
Steeplechase	All-time	8:39.20	Greg Beardsley, Edinboro	1983
	Championship	8:53.65	Peter Gelston, Shippensburg	2015
5000 Meters	All-time	13:56.01	Mike Platt, Edinboro	1987
	Championship	14:19.80	Ryan Blood, Lock Haven	2008
10,000 Meters	All-time	28:40.88	Aaron Dinzeo, California	2014
	Championship	29:33.53	Brian Ferrari, California	1983
110m Hurdles	All-time	13.75	Brice Myers, California	2012
	Championship	14.00	Jarret Eaton, West Chester	2008
400m Hurdles	All-time	50.44	Bruce Tiller, Kutztown	1986
	Championship	51.42	Paul Martin, Lock Haven	2008
4x100 Relay	All-time	40.21	Edinboro (Pettis, Davis, Hackley, Crunkleton)	1977
	Championship	40.69	IUP (Bailey, Celestin, Harris, Hatch)	2009

4x400 Relay	All-time	3:10.43	Shippensburg (Bologa, A. Kujawski, Shaw, Bales)	2014
	Championship	3:12.05	Shippensburg (Shaw, A. Kujawski, Bologa, Bales)	2014
4x800 Relay	All-Time	7:35.60	Shippensburg (Hunsberger, Campbell, Lebo, Middleton)	1990
	Championship	7:39.12	IUP (Louther, Ruefle, Cooper, Noll)	2018
Shot Put	All-time	59' 2-1/4"	Paul Ferency, East Stroudsburg	1978
	Championship	58' 10"	Grant Smith, Shippensburg	2015
Discus	<b>All-time</b>	<b>186' 4"</b>	<b>Luke Hoffman, Kutztown</b>	<b>2019</b>
	<b>Championship</b>	<b>186' 4"</b>	<b>Luke Hoffman, Kutztown</b>	<b>2019</b>
Javelin	All-time	237' 2"	Mark Bridge, IUP	2000
	Championship	230' 10-1/2"	Jim Geist, Slippery Rock	1989
Hammer Throw	All-time	206'11"	Travis Toth, East Stroudsburg	2016
	Championship	205'3"	Mark Manno, Lock Haven	2012
Pole Vault	All-time	17' 3/4"	Paul Schmitt, Kutztown	2000
			Cameron Daugherty, Slippery Rock	2013
	Championship	17' 3/4"	Brandon Raguz, Kutztown (2018) DJ Horton, IUP (2018) Brandon Raguz, Kutztown	2018
Long Jump	All-time	26' 1-1/2"	Nafee Harris, IUP	2010
	Championship	25' 3/4"	Justin Collins, Kutztown	2004
Triple Jump	All-time	52' 3-1/2"	Bill Sharpe, West Chester	1957
	Championship	51' 6-1/2"	Steve Waithe, Shippensburg	2012
High Jump	All-time	7' 2"	Billy Wade, Edinboro	1989
	Championship	7' 3/4"	Matt McVetta, Shippensburg	1996
Decathlon (old)	All-time	7,292	Bob Babiak, IUP	1990
	Championship	7,038	Mike Kowal, Edinboro	1976

Decathlon (new)

All-time  
Championship

6,949

Brian Spickler, IUP

1997