

PSAC Outdoor Track & Field Championships**Bloomsburg University - 5/4/2017 to 5/6/2017****Results****Women 100 Meter Dash****Auto: 11.54 A****Prov: 11.99 P****Conference: 11.56 C 2002 Amber Plowden****Meet Record: 11.74 # 1984 Savena Pyett**

Name	Yr	School	Prelims
Preliminaries			
1 Carly Petney	SR	Indiana (Pa.)	12.07Q2.1
2 Emily Horstman	FR	Slippery Rock	12.11Q1.7
3 Gabrielle Ravotto	SO	Seton Hill	12.18Q1.2
4 Sarah Hunt	SR	Shippensburg	12.20Q0.5
5 Courtney Ingold	SO	Millersville	12.19q 1.7
6 Tiana Webster	FR	East Stroudsburg	12.21q 1.7
7 Jill Bertino	JR	Shippensburg	12.27q 2.1
8 Emily Dubler	JR	Indiana (Pa.)	12.28q 1.7
9 Mary Ramsden	FR	Shippensburg	12.32q 2.1
10 Marissa Flim	SO	East Stroudsburg	12.32 1.2
11 Emily Magnant	JR	West Chester	12.34 0.5
12 Alyson Hall	SO	West Chester	12.43 1.2
13 Katie Klercker	JR	Lock Haven	12.45 1.7
14 Jenny Bellefleur	SO	Mansfield	12.45 0.5
15 Amanda Batey	SO	Clarion	12.46 2.1
16 Kelci Warshel	JR	Pitt.-Johnstown	12.50 1.2
17 Emonie Reviere	FR	Millersville	12.52 0.5
18 Jessica Shomo	SR	Clarion	12.53 1.7
19 Carli Dedics	JR	Bloomsburg	12.58 1.2
20 Jasmine Noble	FR	West Chester	12.58 2.1
21 Amanda Hegarty	SO	West Chester	12.60 1.2
22 Morgan Dey	FR	East Stroudsburg	12.62 0.5
23 Daivona Williams	SR	Cheyney	12.62 0.5
24 Lindsay Sheehan	JR	Shippensburg	12.63 0.5
25 Clara Forney	SO	Millersville	12.64 2.1
26 Courtney Taylor	JR	West Chester	12.65 1.2
27 A'Leisha Clayton	FR	Seton Hill	12.70 2.1
28 Brinn Doherty	FR	Millersville	12.76 2.1
29 Alicia Collier	FR	California (Pa.)	12.79 0.5
30 Erica Hans	SR	Slippery Rock	12.85 1.7
31 Courtney Young	SO	Clarion	12.88 1.7

Women 200 Meter Dash**Auto: 23.60 A****Prov: 24.53 P****Conference: 23.83 C 2002 Amber Plowden****Meet Record: 24.02 # 1984 Savena Pyett**

Name	Yr	School	Prelims
Preliminaries			
1 Ameriah Walters	SO	Seton Hill	24.81Q1.7
2 Emily Horstman	FR	Slippery Rock	25.27Q1.1
3 Courtney Ingold	SO	Millersville	25.29Q1.2
4 Lisa Kossmann	FR	Edinboro	25.36Q1.0
5 Heather Sternby	JR	Indiana (Pa.)	24.93q 1.7
6 Alyssa Barthelmes	JR	Bloomsburg	25.29q 1.7
7 Emily Magnant	JR	West Chester	25.41q 1.1
8 Gabrielle Ravotto	SO	Seton Hill	25.45q 1.2
9 Katie Klercker	JR	Lock Haven	25.59q 1.7

10 Lindsay Sheehan	JR	Shippensburg	25.59 1.1
11 Nichelle McMillian	SR	Seton Hill	25.62 1.7
12 Jill Bertino	JR	Shippensburg	25.63 1.2
13 Emily Dubler	JR	Indiana (Pa.)	25.64 1.7
14 Alyson Hall	SO	West Chester	25.67 1.0
15 Mary Ramsden	FR	Shippensburg	25.80 1.1
16 Clara Forney	SO	Millersville	25.92 1.0
17 Amanda Hegarty	SO	West Chester	25.94 1.1
18 Allison King	SO	West Chester	25.96 1.1
19 Tiana Webster	FR	East Stroudsburg	26.06 1.2
20 Emonie Reviere	FR	Millersville	26.09 1.7
21 Courtney Taylor	JR	West Chester	26.14 1.0
22 Emilia Ricciuti	SR	California (Pa.)	26.15 1.0
23 Carli Dedics	JR	Bloomsburg	26.22 1.0
24 Amanda Batey	SO	Clarion	26.23 1.2
25 Alexis Ryan	FR	West Chester	26.47 1.2
26 Alicia Collier	FR	California (Pa.)	26.61 1.0
27 Courtney Nunley	FR	Slippery Rock	26.78 1.1
28 Eve Gardner	JR	Edinboro	27.11 1.0
--- Jenny Bellefleur	SO	Mansfield	FS 1.2

Women 400 Meter Dash**Auto: 53.50 A****Prov: 55.98 P****Conference: 54.19 C 2002 Jennifer Farrow****Meet Record: 54.79 # 2010 Maddy Outman**

Name	Yr	School	Prelims
Preliminaries			
1 Heather Sternby	JR	Indiana (Pa.)	56.05Q
2 Dior Alston	FR	Shippensburg	57.10Q
3 Emilia Ricciuti	SR	California (Pa.)	58.28Q
4 Alyssa Barthelmes	JR	Bloomsburg	57.45q
5 Ashley Stewart	FR	Kutztown	57.48q
6 Kiana Tucker	JR	Shippensburg	57.81q
7 Cirsten Kelly	FR	Shippensburg	58.52q
8 Nicole Boldosser	SR	Kutztown	58.92q
9 Courtney Corban	SR	Clarion	58.96q
10 Sarah Gottschalk	JR	Bloomsburg	59.08
11 Aerial Dukes	JR	Slippery Rock	59.31
12 Dara Lindsey	SR	West Chester	59.55
13 DeJanee Fells	SO	West Chester	59.87
14 Neketa Woodson	SO	Pitt.-Johnstown	1:00.02
15 Samantha Szwczak	SR	Lock Haven	1:00.05
16 Courtney Nunley	FR	Slippery Rock	1:01.21
17 Hannah Porter	FR	Indiana (Pa.)	1:01.42
18 Aniya Gibbs	JR	Millersville	1:16.11
--- Jasmine Bailey	SR	Slippery Rock	DNF

Women 800 Meter Run**Auto: 2:07.50 A****Prov: 2:13.33 P****Conference: 2:05.67 C 1992 Marty Marczak****Meet Record: 2:08.75 # 2010 Claire McSweeney**

Name	Yr	School	Finals
Finals			
1 Summer Hill	JR	California (Pa.)	2:11.96P 10

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Name	Yr	School	Finals
2 Lizzy Cunningham	SR	Indiana (Pa.)	2:12.18P 8
3 Allison Lewis	JR	West Chester	2:12.81P 6
4 Emily Dusellier	SR	West Chester	2:13.60 5
5 Teresa Ortiz	SR	Bloomsburg	2:13.98 4
6 Caitlyn Janeda	JR	Slippery Rock	2:14.08 3
7 Laura Slavich	SO	West Chester	2:15.68 2
8 Madison Przicina	SO	Slippery Rock	2:17.01 1
9 Lauren Toth	SR	East Stroudsburg	2:17.45
10 Madison Mimnaugh	FR	Bloomsburg	2:18.22
11 Stephanie Heming	JR	Indiana (Pa.)	2:18.31
12 Jessica Jones	FR	Indiana (Pa.)	2:18.35
13 Abigale Peters	SO	Edinboro	2:18.58
14 Danielle Tarr	SR	Clarion	2:18.60
15 Jaclyn Reinbold	SO	California (Pa.)	2:18.66
16 Kate Woolam	FR	West Chester	2:18.94
17 Kacey Raible	FR	Slippery Rock	2:19.49
18 Amber Csrenko	SR	Bloomsburg	2:20.12
19 Erin Callaghan	SO	Kutztown	2:20.78
20 Pia Briger	FR	Edinboro	2:21.14
21 Tori Fulkroad	JR	Pitt.-Johnstown	2:21.72
22 Rachel Fleming	SO	Pitt.-Johnstown	2:22.17
23 Jasmine Cisco	FR	West Chester	2:24.42
24 Letizia Collini	FR	Clarion	2:26.66
25 Victoria Matthews	SO	East Stroudsburg	2:29.51

Women 10000 Meter Run**Auto: 34:33.97 A****Prov: 36:56.20 P****Conference: 33:34.45 C 1985****Julie Bowers****Meet Record: 34:16.89 # 2010****Jen Harpp**

Name	Yr	School	Finals
Finals			
1 Julie Friend	JR	California (Pa.)	37:33.34 10
2 Keelan McDonald	SR	Bloomsburg	37:40.54 8
3 Tori Fulkroad	JR	Pitt.-Johnstown	37:42.13 6
4 Hannah Boudreau	JR	Bloomsburg	37:49.48 5
5 Jacqueline Kinkead	SO	Shippensburg	37:50.06 4
6 Alexis Dongvort	SO	Kutztown	37:53.01 3
7 Sarah Taylor	JR	Seton Hill	38:05.01 2
8 Makena Felts	JR	Indiana (Pa.)	38:35.25 1
9 Emily Kachik	JR	Shippensburg	38:50.39
10 Allison Grose	SR	Lock Haven	38:53.73
11 Marina Eberhart	JR	Bloomsburg	39:09.00
12 Kirsten Anderson	JR	Mansfield	39:35.04
13 Alyssa Brandis	SR	Seton Hill	39:53.77
14 Jasmine Amro	JR	East Stroudsburg	40:04.47

Women 100 Meter Hurdles**Auto: 13.30 A****Prov: 14.30 P****Conference: 13.62 C 2010****Maddy Outman****Meet Record: 13.70 # 2010****Maddy Outman**

Name	Yr	School	Prelims
Preliminaries			
1 Kennedy Evans	SR	Slippery Rock	P 13.86Q0.4
2 Aspen Gaita	SO	East Stroudsburg	P 13.95Q1.1
3 Danielle Sciremammano	JR	Shippensburg	14.32q 1.1
4 Jenna Bracken	SR	Slippery Rock	14.49q 0.4
5 Katelyn Stebbins	SO	Seton Hill	14.65q 1.1
6 Sophie Mazza	JR	Slippery Rock	14.71q 0.4
7 Kelci Warshel	JR	Pitt.-Johnstown	14.71q 1.1
8 Joanne Mason	SO	Kutztown	14.87q 1.1
9 Jada Wilson	SO	Indiana (Pa.)	14.99q 1.1
10 Taylor Pugh	SO	West Chester	15.41 0.4
11 Abigail Lake	FR	California (Pa.)	15.47 1.1
12 Madie Tropp	JR	Millersville	15.87 0.4
13 Angela McCowin	SR	Seton Hill	17.20 0.4
14 Autumn Crouse	SR	Kutztown	18.93 1.1

Women 400 Meter Hurdles**Auto: 58.95 A****Prov: 1:02.40 P****Conference: 58.98 C 2010****Maddy Outman****Meet Record: 59.59 # 2007****Andi Rose**

Name	Yr	School	Prelims
Preliminaries			
1 Kennedy Evans	SR	Slippery Rock	P 1:01.40Q
2 Tatiana Cloud	SR	Clarion	P 1:01.73Q
3 Jada Wilson	SO	Indiana (Pa.)	1:03.53Q
4 Caroline McLaughlin	JR	West Chester	P 1:02.01q
5 Amanda Castellano	JR	West Chester	1:03.48q
6 Hope Decker	JR	East Stroudsburg	1:03.67q
7 Kirsten O'Malley	SO	Bloomsburg	1:03.82q
8 Lizzy Cunningham	SR	Indiana (Pa.)	1:04.04q
9 Jordan Higgins	FR	Shippensburg	1:04.40q
10 Kelci Warshel	JR	Pitt.-Johnstown	1:04.53
11 Sarah Johnson	FR	Seton Hill	1:04.62
12 Katie Teed	JR	Slippery Rock	1:04.63
13 Tatiana Purnell	SO	Shippensburg	1:05.08
14 Dominique Jefferson	JR	Pitt.-Johnstown	1:06.04
15 Kelley Stuetz	SR	East Stroudsburg	1:06.06
16 Teri Stoner	JR	Shippensburg	1:06.24
17 Nicole Young	SO	Clarion	1:06.27
18 Hali Olson	FR	Slippery Rock	1:06.39
19 Shante Dorin	JR	East Stroudsburg	1:07.00
20 Jessica Milligan	FR	Bloomsburg	1:08.25
21 Cassidy Barshinger	JR	Lock Haven	1:08.31
22 Arrion Sorrell	SO	California (Pa.)	1:09.22

PSAC Outdoor Track & Field Championships**Bloomsburg University - 5/4/2017 to 5/6/2017****Results****Women 3000 Meter Steeplechase****Auto: 10:21.33 A****Prov: 11:05.00 P****Conference: 10:20.37 C 2010****Mary Dell****Meet Record: 10:24.77 # 2002****Sara Raschiatore**

Name	Yr	School	Finals
Finals			
1 Bryanna Dissinger	JR	Shippensburg	11:02.53P 10
2 Jessica Quesenberry	SR	Bloomsburg	11:07.51 8
3 Kasey Jones	SR	Edinboro	11:07.80 6
4 Kaylyn West	JR	East Stroudsburg	11:10.58 5
5 Lindsey Gerlach	SO	Shippensburg	11:44.13 4
6 Matti Dunham	JR	Slippery Rock	11:45.11 3
7 Kaylee Haberkam	SR	Slippery Rock	11:47.89 2
8 Amanda Kodis	SO	West Chester	11:56.61 1
9 Allison McCurry	SR	Mansfield	12:04.62
10 Sabrina Palmieri	SO	Slippery Rock	12:05.30
11 Lindsay Hoffman	FR	Kutztown	12:08.44
12 Kelsey Murray	SR	Clarion	12:22.86
13 Danielle Stoner	SO	Clarion	12:47.05
14 Amanda Hassinger	FR	Lock Haven	13:00.35

Women 4x100 Meter Relay**Auto: 45.36 A****Prov: 47.00 P****Conference: 46.40 C 2006****Rekich, McDaniel, Rose, Rash****Meet Record: 46.40 # 2006****Rekich, McDaniel, Rose, Rash**

Team	Relay	Prelims
Preliminaries		
1 Shippensburg		47.24Q
1) Sarah Hunt SR	2) Jill Bertino JR	
3) Mary Ramsden FR	4) Lindsay Sheehan JR	
2 West Chester		47.53Q
1) Jasmine Noble FR	2) Alyson Hall SO	
3) Emily Magnant JR	4) Caroline McLaughlin JR	
3 Slippery Rock		47.81q
1) Erica Hans SR	2) Kennedy Evans SR	
3) Emily Horstman FR	4) Courtney Nunley FR	
4 East Stroudsburg		48.02q
1) Leiana Dean SO	2) Morgan Dey FR	
3) Marissa Flim SO	4) Tiana Webster FR	
5 Seton Hill		48.26q
1) Gabrielle Ravotto SO	2) Ameriah Walters SO	
3) Ty'Iesha Plowden SO	4) A'Leisha Clayton FR	
6 Clarion		48.47q
1) Courtney Young SO	2) Jessica Shomo SR	
3) Courtney Corban SR	4) Amanda Batey SO	
7 Millersville		48.48q
1) Kay Liebl FR	2) Clara Forney SO	
3) Courtney Ingold SO	4) Emonie Reviere FR	
8 Lock Haven		49.10q
1) Kayla Brathwaite FR	2) Morgan Sutton SO	
3) Samantha Szewczak SR	4) Katie Klercker JR	

9 Kutztown	49.24q
1) Joanne Mason SO	2) Ashley Stewart FR
3) Nicole Boldosser SR	4) Kelly Groth FR
--- Indiana (Pa.)	DQ
1) Raven Russell FR	2) Heather Sternby JR
3) Emily Dubler JR	4) Carly Petney SR

Women Pole Vault**Auto: 4.00m A****Prov: 3.61m P****Conference: 13-05.25 C 2008****Jennifer Hansen****Meet Record: 13-03.75 # 2008****Jennifer Hansen**

Name	Yr	School	Finals
Finals			
1 Courtney McQuaide	SO	Slippery Rock	3.96mP 10
2 Madeline Marshall	FR	Slippery Rock	3.96mP 8
3 Maria Darling	JR	Slippery Rock	3.66mP 6
4 Elizabeth Coppella	JR	Indiana (Pa.)	3.56m 5
5 Megan Matrisciano	SR	Slippery Rock	3.56m 4
6 Erin Harman	JR	Millersville	3.56m 2.5
6 Molly Regan	JR	Edinboro	3.56m 2.5
8 Samantha Lowery	SO	West Chester	3.56m 1
9 Katherine Lynch	SO	West Chester	3.56m
10 Kali Hepner	JR	Shippensburg	3.41m
10 Erika Thomas	FR	Slippery Rock	3.41m
12 Kelsey Plecenik	SO	Seton Hill	3.41m
13 Jennifer Dibert	SR	Indiana (Pa.)	3.41m
14 Anecia Alexaki	JR	Kutztown	3.41m
15 Brandie Tartza	SR	East Stroudsburg	3.41m
16 Julia Schuler	SO	Slippery Rock	3.26m
17 Emily Wicker	SR	Shippensburg	3.26m
18 Rachel Groden	FR	West Chester	3.26m
19 Katie Seegert	FR	Kutztown	3.11m

Women Long Jump**Auto: 6.15m A****Prov: 5.76m P****Conference: 21-07.50 C 2000****Nikita Lewis****Meet Record: 20-05.75 # 2000****Nikita Lewis**

Name	Yr	School	Finals
Finals			
1 Kaylee Caruso	SR	Bloomsburg	6.25m 10
2 Sarah Hunt	SR	Shippensburg	6.03m 8
3 Kirsten O'Malley	SO	Bloomsburg	5.96m 6
4 Danielle Sciremammano	JR	Shippensburg	5.86m 5
5 Nichelle McMillian	SR	Seton Hill	5.83m 4
6 Aspen Gaita	SO	East Stroudsburg	5.79m 3
7 Abby Wagner	SO	Shippensburg	5.73m 2
8 Gabrielle Ravotto	SO	Seton Hill	5.70m 1
9 Kaila Cannon	SO	California (Pa.)	5.54m 3.8
10 Valerie Mizansky	SR	Kutztown	5.53m 0.4
11 Kia Clayton	SO	Pitt.-Johnstown	5.49m 0.5
12 Brinn Doherty	FR	Millersville	5.43m 3.9
13 Kailah Holmes	JR	California (Pa.)	5.37m 0.8
14 Katie Lippincott	SO	Pitt.-Johnstown	5.34m -0.1
15 Kay Liebl	FR	Millersville	5.25m 0.2

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	Name	Yr	School	Finals
16	Stephanie Swartz	FR	Shippensburg	5.22m 0.3
17	Olivia Lee	SO	Shippensburg	5.21m 1.2
18	Carleigh Greco	FR	West Chester	5.18m -0.3
19	Sarah Kosenske	JR	West Chester	5.08m 2.7
20	Alyssa Sitch	JR	Shippensburg	4.97m 3.6

Women Shot Put**Auto: 15.73m A****Prov: 13.53m P****Conference: 49-02.50 C 4/1/2017 Sunflower Greene****Meet Record: 48-09.50 # 2005 Nicole James**

	Name	Yr	School	Finals
Finals				
1	Sunflower Greene	SO	Millersville	14.92mP 10
2	Gabby Schultz	SO	Edinboro	14.64mP 8
3	Tamara Ovejera	JR	Shippensburg	14.49mP 6
4	Macey Tanseco	JR	Kutztown	13.96mP 5
5	Jada Phillips	SR	Cheyney	13.81mP 4
6	Anna Frengel	JR	Slippery Rock	13.42m 3
7	Lexi Stevenson	SO	Seton Hill	13.40m 2
8	Paige Shirk	JR	Shippensburg	13.05m 1
9	Ava Bonetti	JR	Shippensburg	12.86m
10	Kelci Yale	SR	Slippery Rock	11.94m
11	Kari Steuer	JR	Clarion	11.84m
12	Jessica Beal	SR	Seton Hill	11.83m
13	Madison Martin	FR	Millersville	11.82m
14	Erin Doherty	JR	Shippensburg	11.79m
15	Kathryn Broach	FR	Edinboro	11.78m
16	Lysa Mealing	FR	Lock Haven	11.57m
17	Reunisha Williams	FR	Millersville	11.45m
18	Stephanie Garner	FR	Millersville	11.44m
19	Barbara Grossov	FR	East Stroudsburg	11.35m
20	Deja Loose	SO	Millersville	11.33m
21	Abby Way	FR	Slippery Rock	11.10m
22	Carliyonna Thurber	SR	Kutztown	11.05m
23	Katie Brest	SO	Clarion	10.89m
24	Jasmine Uzzell	FR	East Stroudsburg	10.84m
25	Rachel Hohenwarter	SR	Mansfield	10.20m

Women Hammer Throw**Auto: 59.05m A****Prov: 52.00m P****Conference: 190-11 C 1998 Tara Crozier****Meet Record: 178-01 # 2012 Vanita Moses**

	Name	Yr	School	Finals
Finals				
1	Sunflower Greene	SO	Millersville	58.26mP 10
2	Ashley Petre	SO	Kutztown	51.20m 8
3	Tamara Ovejera	JR	Shippensburg	50.50m 6
4	Amanda Myers	JR	Millersville	49.77m 5
5	Ava Bonetti	JR	Shippensburg	47.86m 4
6	Deja Loose	SO	Millersville	47.62m 3
7	Erin Doherty	JR	Shippensburg	45.80m 2
8	Rachael Sullivan	JR	Bloomsburg	45.74m 1

9	Madison Martin	FR	Millersville	45.57m
10	Lexi Stevenson	SO	Seton Hill	44.39m
11	Paige Shirk	JR	Shippensburg	43.94m
12	Adrienne Puglia	SR	Lock Haven	43.88m
13	Samantha Seaburn	FR	Edinboro	43.37m
14	Jessica Beal	SR	Seton Hill	42.95m
15	Kelci Yale	SR	Slippery Rock	42.89m
16	Hannah Masenheimer	JR	Bloomsburg	42.69m
17	Stephanie Garner	FR	Millersville	41.43m
18	Anna Frengel	JR	Slippery Rock	40.57m
19	Olivia Onal	FR	East Stroudsburg	39.94m
20	Alexis Schuldes	FR	East Stroudsburg	39.64m
21	Rachel Hohenwarter	SR	Mansfield	36.70m

Heptathlon: #4 Women 200 Meter Dash Heptathlon

	Name	Yr	School	Finals
Finals				
1	Angela McCowin	SR	Seton Hill	26.35 767
2	Caroline DiJiosia	SO	West Chester	26.60 745
3	Kadin Hinish	FR	Slippery Rock	26.98 713
4	Michayla Weitman	SO	East Stroudsburg	27.33 685
5	Sabrina Anderson	SR	Slippery Rock	27.38 681
6	Madie Tropp	JR	Millersville	27.54 668
7	Sarah Garner	SR	West Chester	27.60 663
8	Kali Dawson	SO	Shippensburg	27.60 663
9	McKenzie Fagan	JR	Kutztown	27.64 659
10	Amanda Aulenbach	FR	Bloomsburg	27.79 647
11	Lydia Werner	FR	Lock Haven	27.86 642
12	Autumn Crouse	SR	Kutztown	27.97 633
13	Alexis Palfey	JR	Lock Haven	28.03 628
14	Danielle Sterner	FR	West Chester	28.31 607
15	Alison Jones	FR	Slippery Rock	28.45 596
16	Erica Helm	SO	Shippensburg	28.88 563

Heptathlon: #7 Women 800 Meter Run Heptathlon

	Name	Yr	School	Finals
Finals				
1	Amanda Aulenbach	FR	Bloomsburg	2:24.47 764
2	Sabrina Anderson	SR	Slippery Rock	2:30.32 689
3	Angela McCowin	SR	Seton Hill	2:30.52 686
4	Alexis Palfey	JR	Lock Haven	2:30.74 684
5	Lydia Werner	FR	Lock Haven	2:30.87 682
6	Autumn Crouse	SR	Kutztown	2:32.21 665
7	Caroline DiJiosia	SO	West Chester	2:34.32 640
8	Michayla Weitman	SO	East Stroudsburg	2:35.25 629
9	McKenzie Fagan	JR	Kutztown	2:37.32 604
10	Madie Tropp	JR	Millersville	2:39.36 580
11	Erica Helm	SO	Shippensburg	2:43.80 530
12	Kali Dawson	SO	Shippensburg	2:47.65 488
13	Sarah Garner	SR	West Chester	2:48.62 478
14	Kadin Hinish	FR	Slippery Rock	2:50.54 458
15	Alison Jones	FR	Slippery Rock	2:55.87 404
16	Danielle Sterner	FR	West Chester	3:05.72 314

PSAC Outdoor Track & Field Championships
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Results
Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Yr	School	Finals
Finals			
1 Angela McCowin	SR	Seton Hill	14.80 868
2 Kadin Hinish	FR	Slippery Rock	14.92 852
3 Sarah Garner	SR	West Chester	15.25 809
4 Madie Tropp	JR	Millersville	15.34 797
5 Caroline DiJiosia	SO	West Chester	15.35 796
6 Kali Dawson	SO	Shippensburg	15.53 773
7 Autumn Crouse	SR	Kutztown	15.53 773
8 Amanda Aulenbach	FR	Bloomsburg	15.84 734
9 Lydia Werner	FR	Lock Haven	15.92 724
10 Erica Helm	SO	Shippensburg	15.93 723
11 Danielle Sterner	FR	West Chester	15.94 722
12 Alexis Palfey	JR	Lock Haven	16.47 658
13 Sabrina Anderson	SR	Slippery Rock	16.48 657
14 McKenzie Fagan	JR	Kutztown	16.48 657
15 Michayla Weitman	SO	East Stroudsburg	16.81 618
16 Alison Jones	FR	Slippery Rock	16.90 608

Heptathlon: #2 Women High Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 McKenzie Fagan	JR	Kutztown	1.63m 771
1 Sabrina Anderson	SR	Slippery Rock	1.63m 771
3 Kali Dawson	SO	Shippensburg	1.60m 736
4 Alexis Palfey	JR	Lock Haven	1.54m 666
5 Angela McCowin	SR	Seton Hill	1.51m 632
5 Erica Helm	SO	Shippensburg	1.51m 632
5 Lydia Werner	FR	Lock Haven	1.51m 632
8 Sarah Garner	SR	West Chester	1.48m 599
8 Madie Tropp	JR	Millersville	1.48m 599
8 Danielle Sterner	FR	West Chester	1.48m 599
11 Amanda Aulenbach	FR	Bloomsburg	1.45m 566
12 Autumn Crouse	SR	Kutztown	1.42m 534
13 Michayla Weitman	SO	East Stroudsburg	1.39m 502
13 Caroline DiJiosia	SO	West Chester	1.39m 502
13 Kadin Hinish	FR	Slippery Rock	1.39m 502
16 Alison Jones	FR	Slippery Rock	1.36m 470

Heptathlon: #5 Women Long Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Angela McCowin	SR	Seton Hill	5.37m 663
2 Kadin Hinish	FR	Slippery Rock	5.24m 626
3 Kali Dawson	SO	Shippensburg	4.99m 557
4 Erica Helm	SO	Shippensburg	4.95m 546
5 Michayla Weitman	SO	East Stroudsburg	4.93m 540
6 McKenzie Fagan	JR	Kutztown	4.88m 527
7 Danielle Sterner	FR	West Chester	4.87m 524
8 Alexis Palfey	JR	Lock Haven	4.82m 511
9 Sabrina Anderson	SR	Slippery Rock	4.76m 495
9 Caroline DiJiosia	SO	West Chester	4.76m 495
11 Autumn Crouse	SR	Kutztown	4.67m 472
12 Madie Tropp	JR	Millersville	4.61m 456

13 Sarah Garner	SR	West Chester	4.59m 451
14 Lydia Werner	FR	Lock Haven	4.56m 443
15 Amanda Aulenbach	FR	Bloomsburg	4.44m 413
16 Alison Jones	FR	Slippery Rock	4.39m 401

Heptathlon: #3 Women Shot Put Heptathlon

Name	Yr	School	Finals
Finals			
1 Sabrina Anderson	SR	Slippery Rock	10.86m 586
2 Kadin Hinish	FR	Slippery Rock	10.15m 539
3 Angela McCowin	SR	Seton Hill	9.43m 492
4 Amanda Aulenbach	FR	Bloomsburg	9.42m 492
5 Erica Helm	SO	Shippensburg	9.41m 491
6 Sarah Garner	SR	West Chester	9.07m 469
7 Michayla Weitman	SO	East Stroudsburg	9.04m 467
8 Caroline DiJiosia	SO	West Chester	8.88m 456
9 Alexis Palfey	JR	Lock Haven	8.86m 455
10 McKenzie Fagan	JR	Kutztown	8.63m 440
11 Autumn Crouse	SR	Kutztown	8.47m 430
12 Lydia Werner	FR	Lock Haven	8.11m 406
13 Kali Dawson	SO	Shippensburg	7.87m 391
14 Danielle Sterner	FR	West Chester	7.22m 349
15 Madie Tropp	JR	Millersville	7.15m 345
16 Alison Jones	FR	Slippery Rock	7.02m 336

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Yr	School	Finals
Finals			
1 Amanda Aulenbach	FR	Bloomsburg	37.02m 610
2 Kadin Hinish	FR	Slippery Rock	33.83m 549
3 Michayla Weitman	SO	East Stroudsburg	31.26m 500
4 Lydia Werner	FR	Lock Haven	28.43m 447
5 Sabrina Anderson	SR	Slippery Rock	28.26m 444
6 Alison Jones	FR	Slippery Rock	28.11m 441
7 Angela McCowin	SR	Seton Hill	24.10m 365
8 Sarah Garner	SR	West Chester	23.30m 350
9 Kali Dawson	SO	Shippensburg	23.17m 348
10 Erica Helm	SO	Shippensburg	22.38m 333
11 McKenzie Fagan	JR	Kutztown	22.10m 328
12 Caroline DiJiosia	SO	West Chester	21.10m 309
13 Autumn Crouse	SR	Kutztown	20.88m 305
14 Madie Tropp	JR	Millersville	19.67m 283
15 Alexis Palfey	JR	Lock Haven	19.57m 281
--- Danielle Sterner	FR	West Chester	FOUL

Women Heptathlon
Auto: 5180 A
Prov: 4442 P
Conference: 5392 C 2010
Maddy Outman
Meet Record: 5062 # 2010
Maddy Outman

Name	Yr	School	Finals
Finals			
1 Angela McCowin	SR	Seton Hill	4473P 10
2 Sabrina Anderson	SR	Slippery Rock	4323 8
3 Kadin Hinish	FR	Slippery Rock	4239 6
4 Amanda Aulenbach	FR	Bloomsburg	4226 5

PSAC Outdoor Track & Field Championships**Bloomsburg University - 5/4/2017 to 5/6/2017****Results****Finals ... (Women Heptathlon)**

	Name	Yr	School	Finals	
5	McKenzie Fagan	JR	Kutztown	3986	4
6	Lydia Werner	FR	Lock Haven	3976	3
7	Kali Dawson	SO	Shippensburg	3956	2
8	Caroline DiJiosia	SO	West Chester	3943	1
9	Michayla Weitman	SO	East Stroudsburg	3941	
10	Alexis Palfey	JR	Lock Haven	3883	
11	Sarah Garner	SR	West Chester	3819	
12	Erica Helm	SO	Shippensburg	3818	
13	Autumn Crouse	SR	Kutztown	3812	
14	Madie Tropp	JR	Millersville	3728	
15	Alison Jones	FR	Slippery Rock	3256	
16	Danielle Sterner	FR	West Chester	3115	

Women - Team Rankings - 8 Events Scored

1)	Shippensburg	54
1)	Slippery Rock	54
3)	Bloomsburg	47
4)	Millersville	30.5
5)	California (Pa.)	20
5)	Kutztown	20
7)	Seton Hill	19
8)	Edinboro	16.5
9)	West Chester	16
10)	Indiana (Pa.)	14
11)	East Stroudsburg	8
12)	Pitt.-Johnstown	6
13)	Cheyney	4
14)	Lock Haven	3

Men - Team Rankings - 8 Events Scored

1)	Shippensburg	76
2)	Slippery Rock	51.5
3)	Lock Haven	37
4)	Indiana (Pa.)	34
5)	East Stroudsburg	27
6)	West Chester	21
7)	Edinboro	19
8)	Kutztown	13.5
9)	California (Pa.)	10
10)	Seton Hill	9
10)	Bloomsburg	9
12)	Cheyney	3
13)	Pitt.-Johnstown	1
13)	Mansfield	1