MINUTES PSAC ATHLETIC ADMINISTRATORS' SPRING MEETING Hilton Garden Inn, State College, PA April 3, 2019

- I. The Meeting was called to order at 8:30 am, Wednesday, April 3 by chairperson Mike McFarland (Bloom). Those present included: Steve Murray, Will Adair, Carlin Chesick, Chris Parker, Jenea Shoemaker (PSAC); Kathy Heitzman (Bloom); Karen Hjerpe, Jenni Morrison (Cal); Wendy Snodgrass, DJ Bevevino (Clarion); Gary Gray, Katrin Wolfe, Jo Greenawalt (E. Stroud); Catharine Robbins, Todd Jay (Edin); Lisa Goddard McGuirk, Dan Teleski (Gannon); Samantha Traver (IUP); Greg Bamberger, Michelle Gober (Kutz); Danielle Barney, Tom Gioglio (LHU); Peggy Carl, Kris Decker (Mans); Brad Davis, Lauren Packer Webster (Mercy); Miles Gallagher, Larry Earnesty (Mill); Pat Pecora, Abby Gearhart (UPJ) Chris Snyder, Renee Miller (Seton Hill); Chauncy Winbush, Melanie Ford (Shepherd) Carrie Michaels, Jeff Michaels, Ashley Grimm (Ship); Paul Lueken, Andrea Miller (SRU); Terry Beattie, Kelli Milliner, Deidre Bertotti (WCU)
- II. Requests for Reordering Agenda NONE
- III. Announcements

Commissioner Murray updated the group on the end of year reports for SAAC and Academic Enhancement grants, the PSAC's celebration of the 150th Anniversary of College Football, reminder about CEOs affirming with the NCAA about sexual violence training on campuses and upcoming summer happenings.

IV. Minutes

MOTION (Lueken): To approve the Minutes of the October 201 meeting as presented SECOND (Jay)
MOTION PASSES

V Reports

A. Sports Information/Awards – Adair

MOTION (Jay) That Marty Coyne (Bloom, Tennis), Al Modrewjeski (Clarion, Mbsk), Denny Douds (E. Stroud, FB) and Henny Hiemenz (WCU, Swim) be presented with the Coaches Service Award by the PSAC.

SECOND (Michaels)
MOTION PASSES

MOTION (Jay) That Greg Knowlden (ESU) and Steve Roach (IUP) be presented with the Administrators Service Award by the PSAC.

SECOND (Michaels)
MOTION PASSES

MOTION (Jay)

- A) That for the sports of field hockey, soccer, and lacrosse that the PSAC Office honor two "of the week" awards in each sport in the form of "Athlete of the Week" and "Defensive Player of the Week" for each division of competition.
- B) That for the sport of volleyball the PSAC Office honor a single "Defensive Player of the Week" among all four divisions of play in addition to the four "Athletes of the Week" already selected.
- C) That in the sport of basketball, the PSAC replace the "Freshman of the Week" selection with a "Defensive Player of the Week" selection in each division of competition.

SECOND (J. Michaels)

MOTION PASSES

MOTION (Jay) That in the sports of Soccer and Lacrosse, the All-PSAC selections consist of a first and second team in each division of 13 members each, plus an Athlete, Freshman, Defensive and Coach of the Year.

SECOND (Bevevino)

MOTION PASSES

- B. Media Relations/Communications Parker
 Heard an update on upcoming media events and award announcements from the league.
- C. PSAC Officiating Committee Jay
 Updated the Administrators on the meeting the previous afternoon.

MOTION (Jay) To extend the PSAC Officiating Agreement with Tim Ebersole as Coordinator of Basketball Officials for the 2019-20 season.

SECOND (Snyder)

MOTION PASSES

MOTION (Jay) To enter into a five year agreement (through Fall 2023) with Kim Vieira as Coordinator of Soccer Officials for the PSAC.

SECOND (Bamberger)

MOTION PASSES

D. PSAC Championships Committee – C. Michaels

Carrie Michaels led an extensive discussion on championship and scheduling related philosophies in the PSAC and the various recommendations that would later be considered in the sports reports.

- E. NCAA Division II Management Council Murray No update, next meeting is April 15-16.
- F. NCAA Committee on Safeguards and Medical Aspects Murray
 Updated the group on some issues national with drug testing appeals cases and institutional involvement in education and documentation of student-athletes participating in education.
- G. NCAA Division II Nominating Committee Heitzman No Report.
- H. Division II Festivals Working Group Packer Webster
 Updated the group on recent meeting to review the Division II Festivals and proposals being considered to strengthen those events.
- NCAA Division II Championships Committee Bamberger
 Updated the group on recent meetings an upcoming teleconference call, including changes to the process for creating the Division II Football tournament bracket for 2019.
- J. Division II Athletics Directors Association Lueken Updated the group on D2ADA happenings.
- K. PSAC Advisory Council Murray
 Reminded the group that Miles Gallagher and Lisa Goddard McGuirk were representatives
- SAAC Meeting Update Chesick
 Heard an update from the recent SAAC meetings
- M. FAR Meeting Update Murray
 Heard an update from the recent FAR meetings
- VI New Business from Conference Office
 - A. Voting for Open Representative Positions Murray
 The Administrators selected the following representatives:

PSAC AA Third Vice President: Wendy Snodgrass – Clarion

PSAC Slate of Candidates for Management Council:

Athletics Director: Karen Hjerpe – California SWA: Carrie Michaels – Shippensburg

D2ADA Representative: Mike McFarland, Bloomsburg

Additionally, under new policies for liaison and committee representation the AA Executive Committee announced new appointments (see Appendix A)

B. Serious Misconduct Rule – Gray

The Administrators reviewed and discussed a proposal that would require institutions to review all incoming and current student-athletes for serious breaches of the law and exclude them from participation in the PSAC.

By straw vote, the Administrators wished to continue this conversation as to how to best manage these issues at the conference level, including the possibility of developing a white paper of best practice for member institutions.

C. Bi-Annual Survey Development –

The Administrators broke into groups to review sections of a draft bi-annual survey for the league to share information related to conference operations. It is hoped the first survey will be conduct around September 1, 2019.

D. Official Ball Renewal with Wilson – Adair

The Administrators were presented a proposal on the Official Ball Program with Wilson for the PSAC.

MOTION (Snyder): To enter into an agreement with Wilson as the Official Ball of the PSAC for the sports of Baseball, Football, Basketball, Softball and Soccer. SECOND (Gioglio)

MOTION PASSES

VII. Sport Committee Reports

1. Volleyball – Hjerpe

a. Recommendations

MOTION (Hjerpe): That in the sport of volleyball each team must load the scoresheets as well as the lineup sheets into the VidSwap video exchange program utilized by the PSAC.

SECOND (C. Michaels)

MOTION PASSES

MOTION: That in the sport of volleyball each week there is 1 player of the week selected from each of the four pods plus 1 overall setter for the conference and 1 overall defensive player for the conference. This would total 6 awards each week

MOTION DEEM MOOT BASED ON PASSAGE OF MOTIONS DURING AWARDS COMMITTEE REPORT

MOTION (Hjerpe): That in the sport of volleyball each team must utilize Volleywrite to track scoring and libero rotations during matches.

SECOND (Morrison)

MOTION PASSES

MOTION (Hjerpe): That a copy of the in-match statistics should be provided between sets to both teams.

SECOND (Traver)
MOTION FAILS

MOTION (Hjerpe): That in the sport of volleyball, a 12 team championship format will be employed beginning Fall 2019. Those seeded #1 through #4 would receive first round byes, with the final 8 team coming together to compete at the site of the #1 seed for three consecutive days of tournament play

SECOND (C. Michaels)

MOTION FAILS

MOTION (Hjerpe): That the conference add a Setter of the Year award. This is an important position in the sport of volleyball that deserves recognition.

SECOND (Morrison)
MOTION FAILS

MOTION (Heitzman): That in the sport of Volleyball, the PSAC move to a two-division, double-round robin schedule for the 2020 season.

SECOND (Snyder) MOTION FAILS (4-29-2)

2. Football – Bamberger

a. Discussion about 11-game mandated schedule – Hjerpe

There was a discussion about scheduling costs and difficulties in the Open Date of Week 1 on the Football Schedule. No action was taken but the Administrators were asked to discuss this issue with their coaches for review during the next cycle of meetings in 2019-20.

3. Soccer - Gallagher and McFarland

a. Men's & Women's Soccer

MOTION (McFarland) In the sport of men's soccer to expand the PSAC tournament from 6 to 8 teams for the 2019 season.

SECOND (Gallagher)

MOTION FAILS (3-22-10)

MOTION (Gallagher) In the sport of women's soccer to expand the PSAC tournament from 8 to 12 teams for the 2019 season

SECOND (C. Michaels)

MOTION FAILS (13-22)

MOTION (McFarland) That the host site for the PSAC Championship be retained by the Division that wins the conference championship the year prior

SECOND (Gallagher)

MOTION FAILS

MOTION (Gallagher) That in the sport of soccer, the men's and women's PSAC mandated schedules be separated when being created

SECOND (J. Michaels)

MOTION FAILS

MOTION (Gallagher) That in the sport of soccer, the pre-match warmup between doubleheaders in the regular season and post-season be 40 minutes in length

SECOND (C. Michaels)

MOTION FAILS

MOTION (Gallagher) That in the sport of women's soccer, the conference tournament single match times begin no earlier than 1pm and no later than 6pm

SECOND (C. Michaels)

MOTION PASSES

MOTION (Lueken) That in the sport of women's soccer, the conference championship include the top four seeds from each respective division. Quarterfinals played on Tuesday following the last Saturday of the PSAC mandated schedule with the #4 seed playing at the #1 seed and the #3 seed playing at the #2 seed within the respective division. The Semifinals and Finals will be played on the following Friday and Sunday at the highest remaining seed from alternating divisions each year. The Semifinals will include a crossover between the four remaining teams (2 from each division)

SECOND (Snyder)
MOTION PASSES

MOTION (Lueken) That in the sport of men's soccer, the conference championship include the top three seeds from each respective division. Quarterfinals played on Tuesday following the last Saturday of the PSAC mandated schedule with the #3 seed playing at the #2 seed, while the #1 seed within the respective division is byed to the semifinals. The Semifinals and Finals will be played on the following Friday and Sunday at the highest remaining seed from alternating divisions each year. The Semifinals will include a crossover between the four remaining teams (2 from each division)

SECOND (Snyder)
MOTION PASSES

Following the passage of these two motions, a coin flip occurred to determine which division would host the semifinals and finals in 2019 and alternate in subsequent years

Eastern Division Men in 2019 Western Division Women in 2019

- 4. Field Hockey Milliner
 - a. Recommendations

MOTION (Milliner): That in the sport of Field Hockey, beginning in the fall of 2020, to eliminate the four additional mandated contests at the beginning of the season where PSAC teams play each other. SECOND (Bamberger)

MOTION PASSES (14-7-12)

b. Frostburg State Associate Membership

There was a discussion regarding a letter of interest the conference received from Frostburg State regarding associate membership in the PSAC. There was no action taken.

- 5. Athletic Trainers Rollins
 - a. Recommendations

MOTION (Gray) To adopt as conference policy the "Severe Weather – Heat" policy as presented SECOND (Michaels)

MOTION PASSES

See Appendix B

- 6. Wrestling Gioglio
 - a. Recommendations

MOTION (Gioglio): That the PSAC discontinue the Individual Weight Class Tournament in the sport of Wrestling and determine the Conference Champion using the best won/loss record of the regular season dual match schedule

SECOND (Pecora)

MOTION PASSES

MOTION (Gioglio): That the All-PSAC selections be determined by a vote of the coaches following the conclusion of the NCAA Division II Championships that would create first, second and third teams in each weight class. Additionally, to be considered for All-PSAC, a wrestler must have competed in at least 4 of the 7 regular season dual matches in the PSAC schedule.

SECOND: (Pecora)
MOTION PASSES

- 7. Sports Information Directors Jay No Report
- 8. Golf Kauffman and Wolfe No Report
- 9. Swimming Snodgrass

10. Men's & Women's Basketball - Grimm and Traver

a. Women's Recommendations

MOTION (Grimm): That the PSAC require courtside monitors and officials review for the sport of basketball SECOND (Traver)

MOTION TO TABLE (Gray) / SECOND (Snyder) MOTION PASSES

The Administrators established a Taskforce to review the future of video replay for all sports. The Taskforce consists of Lauren Packer Webster, Greg Bamberger and Ashley Grimm

MOTION (Grimm): That for the PSAC Women's Basketball Tournament, the top 6 teams from each Division advance to a single-site tournament with all rounds occurring at the same site.

SECOND (C Michaels)

MOTION FAILS

MOTION (Grimm): That for PSAC Women's Basketball, the conference employ a full crossover schedule with a 25-game mandated schedule and all 25 contests counting in the conference standings.

SECOND (J. Michaels)

MOTION FAILS

MOTION (Grimm): That for the sport of women's basketball all-conference nominations, an institution may submit no more than 5 nominations.

SECOND (Bamberger)

MOTION PASSES

11. Compliance Coordinators – Heitzman

Updated the group regarding proceedings from the meeting the day prior

MOTION (Heitzman): That the PSAC co-sponsor NCAA Division II Legislation that would permit conferences that are in existence as of 2021 to be able to maintain a minimum membership number of 8 active members to be considered an active Division II conference.

SECOND (J Michaels)

MOTION PASSES)

12. Baseball - Webster

MOTION (C. Michaels): That the PSAC conduct it's 2020 through 2022 Baseball Championship at Slippery Rock University's Critchfield Park.

SECOND (J. Michaels)

MOTION PASSES

13. Softball - Traver

No Report

14. Cross-Country/Track & Field – Barney

MOTION (Barney) That the 2019 PSAC Cross Country Championship be conducted on Friday, October 25, 2019 at Bloomsburg University

SECOND (Snyder)

MOTION PASSES

15. Men's & Women's Tennis - Heitzman

No Report

16. Lacrosse - Gober

No Report

VIII. Other Items

1. Division II Conference Grant for 2019-20

The Athletics Administrator endorsed the budget presented by the Conference Office for the use of the NCAA Division II Conference Grant in the 2019-20 academic year of \$156,000.

IX. Requested Agenda Items

X. Old Business

1. Game Environment Policies & Procedures Adoption

MOTION (Gray) To adopt the Draft 4.0 version of the PSAC Sportsmanship and Game Environment: Principles, Policies and Procedures" document as presented by the Conference Office for implementation with the 2019-20 academic year.

SECOND (Bevivino)

MOTION PASSES

XI. Future Meetings.

- 1. May Board of Directors: May 21, 2019
- 2. October AA Meeting: October 3, 2019 in Lock Haven
- 3. April AA Meeting: April 7-8, 2020 in State College

Executive Committee Appointments

(Appointments in BOLD)

The Executive Committee made the following assignments:

Championship & Competition Committee (4 year terms) DJ Bevenino, Clarion (6/23) Todd Jay, Edinboro (6/23)

Currently serving: Sam Traver (term ends, 6/22) Kathy Heitzman (term ends, 6/21) Greg Bamberger (term ends, 6/20) Tom Gioglio (Term ends, 6/20)

Sport Liaison Positions (4 year terms)

Baseball #1 – Lauren Packer Webster (6/2020)

Baseball #2 – JASON GREENE (6/2022)

Men's Basketball – OPEN (6/2023)

Women's Basketball – Ashley Grimm (6/2020)

Track/XC #1 – Danielle Barney (6/2020)

Track/XC #2 – Andy Huber (6/2022)

Field Hockey - Kelli Milliner (6/2021)

Football – Chris Snyder (6/2023)

Men's Golf – Katrin Wolfe (6/2021)

Women's Golf - DJ BEVEVINO (6/2023

Lacrosse – Michelle Gober (6/2021)

Men's Soccer - TERRY BEATTIE (6/2023)

Women's Soccer- Miles Gallagher (6/2020)

Softball #1 – Samantha Traver (6/2020)

Softball #2 – KRIS DECKER (6/2023)

Swimming #1 – Wendy Snodgrass (6/2020)

Swimming #2 – SAM TRAVER (6/2023)

Tennis – Kathy Heitzman (6/2021)

Volleyball – LARRY EARNESTY (6/2023)

Wrestling - OPEN (6/2023)

Administrative Group Liaisons:

SWAs – Carrie Michaels (4/2022)

Compliance Coordinators – Kathy Heitzman (4/2021)

Athletic Trainers – Torry Rollins (4/2021)

SIDs - Todd Jay (4/2020)

Pennsylvania State Athletic Conference Severe Weather – Heat

The PSAC has established the following policy to ensure the safety of its student-athletes in severe weather conditions. This policy is in accordance with the NCAA Sports Medicine Handbook, Regional Specific Heat Weather Guidelines, Korey Stringer Institute, and the National Athletic Trainer's Association Position Statement: Exertional Heat Illness.

To ensure their safety, student-athletes must have ample time to rehydrate and cool down in hot, humid weather. Heat-related illness could be prevented with additional breaks during contests. It is also recommended that shaded areas be established and decided upon prior to the contest when heat may become severe. The Heat Index shall be determined through assessment of wet bulb globe temperature (WBGT) which is a measure of the heat stress in direct sunlight and takes into account temperature, humidity, wind speed, sun angle and cloud cover (solar radiation). The WBGT shall be the only measure used for decisions regarding participation, breaks and alterations in start time of the event.

The host institution's Athletic Trainer/Medical Staff, based on the WGBT assessed by an electronic heat stress monitoring device at the specific competition site, shall have unquestionable authority to determine if conditions are defined as extreme or severe, and what precautions shall be undertaken. The WGBT will be monitored by the host athletic trainer and will inform the Head Official (and visiting AT) when precautions need to be taken prior to the start of or during the contest.

These policies shall apply to all PSAC Conference contests that occur between member institutions. It is highly recommended that each member institution adopt the policies for non-Conference competition that they host. In non-Conference competition, each institution is responsible for conveying the policies to the visiting team(s) prior to the contest.

The following WBGT guidelines are based on regionally specific environmental conditions and are supported by evidence.

Activities will be modified according to the following guidelines when the WBGT falls into these respective ranges:

1) < 82.0 WBGT ("Normal"):

- a) All contests can be conducted.
- b) Be cautious of those not acclimatized to the conditions.
- c) Add extra water breaks, when necessary.

2) 82.0-86.9 WBGT ("Caution"):

- a) Football / Men's Lacrosse:
 - i) The transition times following the 1st and 3rd quarters should be extended 2 minutes.
 - ii) Host site must have ability to cool student-athlete (ice towels, ice bath/cold submersion tubs, Polar Pod etc...)
 - iii) Water should be allowed on the field.
 - iv) Helmets to be removed for all contest stoppage (i.e. injuries, measurements, etc.).
 - v) Additional breaks are to be left to the discretion of the game officials, coaches, and medical staff collectively
- b) Soccer/Field Hockey/Women's Lacrosse:
 - i) Addition of water breaks will be left to discretion of the medical staff, collectively prior to the start of the contest.
 - ii) Field Hockey Goalie Helmets to be removed for all play stoppage (i.e., injuries, measurements, etc.).
 - iii) Host site must have ability to cool the student-athlete (ice towels, ice bath/cold submersion tubs, Polar Pod etc...)
- c) Cross Country:
 - i) Water will be provided at the start/finish lines of the event and must be available at least 1 hour prior to the start to the event.
 - ii) Host site must have ability to cool the student-athlete (ice towels, ice bath/cold submersion tubs, Polar Pod etc...)
- d) Golf:
 - i) Golfers will be encouraged to bring their own water to the course.
- e) Tennis:
 - i) Addition of water breaks will be left to the discretion of the medical staff prior to the start of the match.
- f) Softball/ Baseball:
 - i) Addition of water breaks will be left to the discretion of the medical staff prior to the start of the game.

- g) Outdoor Track & Field:
 - i) Water will be provided at the event, at least 1 hour prior to the start to the event.
 - ii) Host site must have ability to cool the student-athlete (ice towels, ice bath/cold submersion tubs, Polar Pod etc...)
- h) Non-climate Controlled Facilities:
 - i) An extended break between all contests will be allowed in the athletic facility. This decision is at the discretion of the medical staff.

3) 87.0-89.9 WBGT ("Extreme Caution"):

- a) Football/Men's Lacrosse:
 - i) A 5-10 minute break after the first possession change or at the halfway point of each quarter (7:30 mark) shall be utilized
 - ii) Timeouts and the transition times following the1st and 3rd quarters should be extended.
 - iii) Water should be allowed on the field
 - iv) Helmets to be removed for all play stoppage (i.e., injuries, measurements, etc.).
 - v) Host site must have ability to cool the student-athlete (ice towels, ice bath/cold submersion tubs, Polar Pod etc...)
 - vi) Shoulder pads will be removed at half time.
- b) Soccer/Field Hockey/Women's Lacrosse:
 - i) A 5-10 minute water break will occur between the 20-25 minute mark of each half, when there is a stoppage of play and at the discretion of the head referee.
 - ii) Field Hockey Goalie Helmets to be removed for all play stoppage (i.e., injuries, measurements, etc.).
 - iii) Goalie pads will be removed at halftime.
 - iv) Host site must have ability to cool the student-athlete (ice towels, ice bath/cold submersion tubs, Polar Pod etc...)
- c) Non-climate Controlled Facilities:
 - i) A 5-10 minute break between all contests will be allowed in the athletic facility.
- d) Cross Country:
 - i) Water will be provided at the start/finish lines of the event, at least 1 hour prior to the start to the event.
 - ii) Host site must have ability to cool the student-athlete (ice towels, ice bath/cold submersion tubs, Polar Pod etc...)
 - iii) Shaded tents and/or ability to cool in an air-conditioned facility is recommended.
- e) Golf:
 - i) Golfers will be encouraged to bring their own water to the course.
 - ii) If water is depleted, golfers have the ability to refill water when necessary.
- f) Tennis:
 - i) Water breaks will be extended to a minimum of 3 minutes between each set.
 - ii) Ice towels will be available.
- g) Softball/ Baseball:
 - i) Water and if available, sports drinks in each dugout.
 - ii) Ice towels will be available.
- h) Outdoor Track & Field:
 - i) Water will be provided at the event, at least 1 hour prior to the start to the event.
 - ii) Host site must have ability to cool the student-athlete (ice towels, ice bath/cold submersion tubs, Polar Pod etc...)
 - iii) Athletic trainers should also remind track and field student-athletes to hydrate properly within 48 hours of the anticipated event.

4) >90.0 WBGT ("Extreme Danger"):

- a) All outside contests must be postponed until conditions improve or be rescheduled.
- 5) All sports not specifically mentioned in the contest guidelines should follow similar precautions listed under each range.