

Pennsylvania State Athletic Conference
Student-Athlete Advisory Committee – Lock Haven, PA – March 24-25, 2018
MINUTES

Attendance – Day 1: Evan Novian, Abigail Sauder (BU); Jordan Gessner, Liz Wohar (Cal); Kviah Breazeale, Derrick Biney (Chey); Michelle Morrissey, Joseph Folz (Clar); Lauren Morrissey, Levi Murphy (ESU); Nate Hagan (Edin); Jesscia Ott, Ryan Vessels (Gan); Kalista Gioglio, Selena West, (IUP); Amanda Meck, (KU); Luke Vanderhoff, Veronica Morrison (LH); Brooke Burnside, Bryce Steiner (Mans); Philip Jenny, Chloe Tyillian (Mer); Aaron Wildonger, Jordan Goddard (Mill); JC Longeville, Noelle Carota (UPJ); Olivia Shade, Rachael Cobo (SH); Austin Shupp, Gabbie Johnson (Ship); Tyler Spence, Zoe Rivet (SR); Casey Monaghan, Dylan North (WC); Carlin Chesick, Steve Murray, Vaughn Dalzell (PSAC) **Day 2:** Absent – Veronica Morrison (LH)

Informal Session: Prior to the formal business session meeting, SAAC reps participated in three presentations. **You Can Play:** Chris Mosier, VP for the LGBTQ ally organization, spoke about inclusion in sport for all. **Sexual Violence:** Katie Kostner, a sexual violence advocate and leader for “Take Back the Night”, told her story about date rape. **Mental Health:** Dr. Rachel Daltry, a psychologist from West Chester spoke about student-athlete mental health awareness.

Approval of Minutes: The minutes of the September 2017 PSAC SAAC meeting were reviewed and approved.

PSAC Update: Vaughn Dalzell, PSAC Communications Intern, updated the group on the PSAC Social Media efforts. SAAC reps were encouraged to like/follow the PSAC. They indicated they prefer SnapChat over the other outlets. Carlin Chesick, PSAC Associate Commissioner and Conference SAAC Liaison, updated the group on the PSAC Network. M/W Basketball were webcast this year and schools will be required to include Football and Volleyball in their menu for 2018-19. Many schools have completed their SAAC CPR/AED certification, a few still need to complete this and should so by the end of the year. Chesick also updated the reps on the PSAC membership changes with the departure of Cheyney from NCAA Division II and the PSAC. The PSAC is exploring options to return to 18 members in the future. Finally, the group had a conversation about divisional play in sports with 12 or more teams. Currently, men’s and women’s soccer and women’s lacrosse are nondivisional.

INFORMATIONAL ITEM: SAAC reps were NOT in favor of moving those sports to divisional play. They want to play everyone as one conference and feel it is important for NCAA rankings.

PSAC Controversial Item Review: There were no controversial items from the fall legislative cycle to review.

NCAA Update: The group quickly covered the legislative proposals that passed at the Convention in January.

NCAA DII SAAC Update: Casey Monaghan is the PSAC National SAAC representative. She updated the group on the following topics. **Foundation for the Future:** The first ever SAAC Convention was held this past fall in D.C. and the PSAC had full representation. Ninety-nine percent of SAAC members from the region would recommend having this in the future. **Sport Science Institute & CPR/AED Certification:** National SAAC has partnered with the SSI to educate and inform on CPR/AED education. The PSAC remains the only conference to require SAAC members to be certified. **Faculty Mentor Award:** The PSAC will solicit nominations this spring. **National SAAC Goals for 2018:** CPR/AED Certification, Mental Health Education, Sexual Assault Prevention, Make-A-Wish/ Team Impact, Love2Play.

PSAC Strategic Plan Update: Chesick updated the group on the PSAC Strategic Plan. The current plan will be ending this year and a draft was circulated. The members provided their support of the first draft.

NCAA Strategic Grant Program: The Division II Strategic Initiative Grants were distributed and reviewed. Reps were encouraged to ask questions on how the money is spent at their campus. The grants will remain the same at \$3,500 and \$500 in the coming year and all schools will receive their full amount.

SAAC Strategic Initiatives: Conference Sportsmanship Award: Encouraged everyone to speak about this at every campus meeting. Submissions are due May 4, 2018. **You Can Play:** Reps encouraged the conference to pursue educational initiatives and to assist in bringing speakers to campus. **It’s On Us:** National SAAC still has a partnership with the SSI on this initiative.

Conference SAAC Projects: Team Impact: National SAAC has a formal partnership with Team Impact. A current list of Team Impact teams was distributed. **Make-A-Wish:** The PSAC raised the most money toward MAW, with full conference

participation, raising over \$70,000. Schools who raised at least \$5,000 will host or have already hosted wish reveals. Moving forward schools should try to raise \$10,000 to host a reveal.

Future Meetings: The fall PSAC SAAC call will take place Sunday, September 30, 2018. Ideas for Professional Development for the next spring meeting (March 23-24, 2019) included: Career Building (resumes, transitioning from student-athlete into work force), Drug/Alcohol Abuse education (sleep/nutrition), and a student-athlete speaker.

Campus Issues Discussion: SAAC discussed the following items and shared items on: Student-athlete representation on Student Government/Senate, Campus knowledge of SAAC, CPR/AED certification, CARA hours, and sharing best practices and SAAC ideas to take back to campus. **MOTION: (WCU/KU– Passes): That the conference office provide an opportunity for an in-person meeting or conference call for SAAC liaisons, to provide information and share best practices.**